

# Richmond Academy

## Girls and Boys Cross Country



Cross Country is a Fall Sport for any girl or boy interested in running middle distance off road running races. The courses vary in terrain and elevation but are always around 5K (3.1 miles) in distance. Richmond Academy has a very successful and ever growing group of runners, and a rich tradition of success...in the classroom and on the course. Please reach out if you have a desire to join a group of accomplished student-athletes. On, On, ARC!!!

### Girls Titles:

2024 – 4-AAA	<b>Region Champions</b>
2023 – 4-AAA	<b>Region Champions</b>
2022 – 4-AAA	Region Runner Up
2021 – 4-AAA	Region Runner Up
2020 – 4-AAA	Region Runner Up
2019 – 3-AAAA	Region Runner Up
2018 – 3-AAAA	<b>Region Champions</b>
2017 – 3-AAAA	Region Runner Up
2016 – 3-AAAA	<b>Region Champions</b>
2013 – 3-AAAA	Region Runner Up
2005 – 3-AAA	<b>Region Champions</b>
2004 – 3-AAA	<b>Region Champions</b>
2003 – 3-AAA	<b>Region Champions</b>
2002 – 3-AAA	<b>Region Champions</b>
2001 – 3-AAA	Region Runner Up

### Individual Region Champions:

2002, 2003, 2016, 2017, 2018, 2024

13x – All County Champions (2012-2024)

### Boys Titles:

2022 – 4-AAA	<b>Region Champions</b>
2020 – 4-AAA	<b>Region Champions</b>
2019 – 3-AAAA	<b>Region Champions</b>
2018 – 3-AAAA	<b>Region Champions</b>
2017 – 3-AAAA	<b>Region Champions</b>
2016 – 3-AAAA	Region Runner Up
2014 – 2-AAAAA	Region Individual
2003 – 3-AAA	<b>Region Champions</b>
2002 – 3-AAA	<b>Region Champions</b>
2001 – 3-AAA	<b>Region Champions</b>

### Individual Region Champions:

2001, 2002, 2003, 2019, 2020

7x – All County Champions (2018-2024)

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Must have proper paperwork and be academically eligible to participate.

For more information, please contact Mr. Scheyer

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